

NEWSLETTER 25/06/19

Think thrice for Nine Lives... It's been a really busy few months of fundraising this Spring...

Ready, set, go for Team 9SJS

On Sunday 19th May 2019, once again we entered our team of athletes - "Team 9SJS" into the Great Manchester Run 10K or Half Marathon.

The wet Manchester weather could not dampen the team's spirits with both Chambers friend Mike Saunders, and Vanessa Thomson, running personal bests of 49:16 and 54:06 respectively.

Huge congratulations and thanks to all of the runners who took part and all the family and friends who attended to show support. Together you raised over £2,000.00!

A hero takes to the hills!

Our gallant Senior Clerk, Tony Morrissey completed the "Hadrian Hvndred" - a gruelling one hundred mile continuous walk covering Northumberland, Cumbria and County Durham on Saturday 25th May 2019. So far he has raised over £1,600.00 and further donations can be made at <u>www.justgiving.com/campaign/ninelives</u>.

This was Tony's first one hundred mile challenge which he completed in an unbelievable 37 hours and 37 minutes!

Tony said of the event, "The physical side of the challenge was not too bad [although we find that hard to believe given that Tony supported another walker by carrying his rucksack as well as his own!!] but the mental side was tougher than I imagined. Knowing I had so much support from family and friends spurred me on. I was determined to finish despite the pain in my feet and back".

Tony plans to complete the "Monmouthshire 100 Event" in South Wales on 23-24 May 2020. Anyone interested in participating in the event should contact Tony directly.

Family and Friends Walk June 2019

Counsel, staff, family and beloved pooches gathered for a wonderful walk along the Macclesfield Canal. The event raised money for Richard, son of our wonderful Front of House colleague, Julie Graham. Earlier this year, Richard was tragically involved in a life changing accident. Chambers is delighted Richard continues to advance in his recovery journey and wishes him and the family all the very best for the future.

Barnabus Volunteering Days

The Committee is set to organise a number of half day sessions in the Autumn at the Charity's city centre drop in. Volunteers could assist with the provision of hot food and drink, as well as lending a listening ear to those experiencing homelessness within our city.

The invitation is available to all members and staff within Chambers. This is your opportunity to see first hand how the money you raise can support and change lives.

We invite expressions of interest by no later than 26th July 2019, please email 9livescommittee@9sjs.com.

